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USA

Fontainavie New Generation Collagen Pro Flex Strength System

- Information Guide



FONTAINAVIE
BODY & MIND
NEW GENERATION

Fontainavie New Generation Collagen Pro Flex Strength System

- Information Guide for FM World USA Business Partners

Are you tired of joint discomfort holding you back? Meet Collagen Pro Flex Strength System from the Fontainavie New Generation series – the ultimate dietary supplement designed to ease your joint pain and improve mobility for both young and old alike. This revolutionary formula supports everyone, from active young adults to seniors enjoying their golden years, by enhancing joint health and reducing discomfort.

Ingredients and Their Descriptions

Calcium:

Essential for strong bones and teeth, preventing osteoporosis and supporting overall bone health.

Glucosamine Sulphate:

Aids in regenerating damaged cartilage, reducing inflammation, and preventing osteoarthritis progression.

Chondroitin Sulphate:

Supports cartilage regeneration, reduces pain, and aids in the production of synovial fluid.

Vitamin C:

A powerful antioxidant that supports collagen production, essential for healthy connective tissue.

Vitamin D:

Enhances calcium and phosphorus absorption, crucial for bone and tooth mineralisation.

Selenium:

An antioxidant that eases pain in rheumatoid arthritis and has anti-inflammatory effects.

Hyaluronic Acid:

Enhances joint lubrication, reducing friction and easing discomfort.

Fish Collagen:

A key component of cartilage and synovial fluid, supporting joint health and flexibility.

Benefits

- **Morning Capsules:** Boost of calcium for strong and healthy bones.
- **Evening Capsules:** Replenish essential nutrients and target joint inflammation, aiding in regeneration and lubrication while you sleep.
- **Combination of Ingredients:** Works synergistically to reduce joint inflammation, pain, and discomfort, while also decreasing wear and tear.

Best For

- Individuals experiencing joint discomfort or pain.
- Active young adults looking to support joint health.
- Seniors wanting to maintain mobility and reduce joint-related issues.
- Anyone with a sedentary lifestyle or poor diet impacting joint health.

Contraindications

- Not recommended for use by pregnant or lactating women or individuals under 18 years of age.
- Do not use if sensitive to any of the ingredients in the product.
- Not for use by individuals prone to or suffering from kidney stones.
- Intended for healthy individuals under 75 years of age.

Active ingredients

Day Capsule:

- Calcium: 240 mg (30%)

Evening Capsule:

- Glucosamine Sulphate: 150 mg (**)
- Chondroitin Sulphate: 150 mg (**)
- Vitamin C: 80 mg (100%)
- Vitamin D: 5 µg (100%)
- Selenium: 55 µg (100%)
- Hyaluronic Acid: 20 mg (**)
- Fish Collagen: 10 mg (**)

*%NRV - Nutrient Reference Value for an average adult person (8 400 kJ/2 000 kcal).

** - a reference intake value has not been established.

Full list of ingredients

Morning Capsule: Calcium (calcium carbonate), Bovine gelatine, L-leucine, Cholecalciferol. (vitamin D)

Evening Capsule: Glucosamine sulphate, Chondroitin sulphate, Bovine gelatine, Vitamin C (L-ascorbic acid), Inulin, Hyaluronic acid, L-leucine, Fish collagen, Selenium (sodium selenite VI), Vitamin D (cholecalciferol).

Directions

- **Morning:** Take one capsule in the morning with water.
- **Evening:** Take one capsule in the evening with water.

Additional Information

- Store in a tightly closed container in a dry place, out of direct sunlight. Store below 25°C.
- Keep out of reach of young children.

Note: A varied diet and healthy lifestyle are recommended. Before use, it is recommended to perform a 25-(OH)D blood test and consult the test result with a doctor or pharmacist.

Prospecting questions for potential customers

1. Have you experienced joint discomfort or pain that affects your daily activities?

Purpose: This question helps identify if the customer is currently facing joint issues, making them a prime candidate for the Collagen Pro Flex Strength System. Understanding their level of discomfort can also tailor the conversation towards how the supplement can specifically alleviate their pain and improve their quality of life.

2. Are you looking for a natural supplement to support your joint health and overall mobility?

Purpose: This question gauges the customer's interest in natural health solutions. Many individuals prefer natural supplements over pharmaceuticals due to fewer side effects. This question helps position the Collagen Pro Flex Strength System as a natural and effective option for joint health.

3. Do you engage in activities that put stress on your joints, such as sports or prolonged sitting?

Purpose: Understanding the customer's lifestyle provides insight into potential causes of joint stress. Whether they are active in sports or have a sedentary job, explaining how the supplement can help with joint regeneration and lubrication can make the product more appealing.

4. Are you currently taking any supplements or medications for your joints or overall health?

Purpose: This question aims to understand the customer's current health regimen and potential gaps in their joint care. It also helps in identifying if there might be any interactions with existing medications, allowing for a more informed recommendation.

5. How important is it for you to maintain your joint health as you age

This question assesses the customer's long-term health goals and priorities. It allows the business partner to emphasise the importance of proactive joint care and how the Collagen Pro Flex Strength System can contribute to maintaining mobility and reducing joint pain as they age.

Frequently Asked Questions about Collagen Pro Flex Strength System

1. How long does it take to see results from using the Collagen Pro Flex Strength System?

Results can vary depending on the individual and the severity of their joint issues. Most users start noticing improvements in joint comfort and mobility within 4 to 6 weeks of consistent use. For optimal results, it is recommended to take the supplement regularly as part of a healthy lifestyle.

2. Is the Collagen Pro Flex Strength System suitable for vegetarians or vegans?

The Collagen Pro Flex Strength System contains bovine gelatin and fish collagen, making it unsuitable for vegetarians and vegans. Those following a plant-based diet may need to look for alternative supplements that do not contain animal-derived ingredients.

3. Is it safe for long-term use?

Yes, the Collagen Pro Flex Strength System is formulated to be safe for long-term use. However, it is always advisable to consult with a healthcare professional for ongoing health monitoring and to ensure it remains suitable for your individual health needs over time.

4. What is the recommended dosage, and how should I take the supplement?

The recommended dosage is one capsule in the morning and one capsule in the evening. It is advised to take the capsules with water, preferably with a meal, to enhance absorption and reduce the likelihood of gastrointestinal discomfort.

5. Is the supplement gluten-free and allergen-free?

Customers with specific dietary restrictions or allergies should carefully review the ingredient list. If you have concerns about allergens such as fish (due to fish collagen) or other components, consult with a healthcare professional before taking the supplement.

6. Can this supplement help with existing joint conditions like arthritis or osteoarthritis?

The Collagen Pro Flex Strength System is designed to support joint health and may help alleviate symptoms associated with joint conditions such as arthritis or osteoarthritis. However, it is not intended to replace medical treatments. Consult with a healthcare professional for advice tailored to your specific condition.

7. Are there any lifestyle changes I should consider while taking this supplement?

Incorporating regular physical activity, maintaining a balanced diet, staying hydrated, and avoiding excessive strain on joints can enhance the effectiveness of the supplement and contribute to overall joint health.

8. What should I do if I miss a dose?

If you miss a dose, take it as soon as you remember. If it is close to the time for your next dose, skip the missed dose and resume your regular schedule. Do not take a double dose to make up for the missed one.

9. Can I take this supplement if I am already on medication for other health conditions?

It is important to consult with a healthcare professional before starting any new supplement, especially if you are currently on medication for other health conditions. This will help ensure there are no potential interactions or adverse effects.

10. Is the Collagen Pro Flex Strength System effective for preventing future joint problems?

Yes, the Collagen Pro Flex Strength System can be effective in helping to prevent future joint problems. By providing essential nutrients like calcium, glucosamine, chondroitin, vitamin C, and collagen, the supplement supports the maintenance and repair of joint cartilage, bone health, and overall joint function. Regular use can help strengthen joints, reduce inflammation, and improve mobility, which may contribute to preventing joint issues as you age or if you have a lifestyle that puts stress on your joints. However, it is important to maintain a healthy diet and lifestyle alongside taking the supplement for optimal results.

Comparison of the Old Version of Fontainavie Collagen Pro Flex Strength System and the New Generation Fontainavie Collagen Pro Flex Strength System

Morning Capsule

Ingredient	Old Version	New Version
Calcium Carbonate	300 mg	600 mg
Baikal Skullcap	40 mg	Excluded
Freeze-dried Fish Collagen	30 mg	Excluded
L-Ascorbic Acid	30 mg	Excluded
Magnesium Stearate	20 mg	Excluded
L-Leucine	Excluded	10 mg

Evening Capsule

Ingredient	Old Version	New Version
Calcium Carbonate	300 mg	Excluded
Glucosamine Sulfate	150 mg	150 mg
Magnesium Stearate	17.28 mg	Excluded
Vitamin D (Cholecalciferol)	2.22 mg	2 mg
Astaxanthin	5 mg	Excluded
Chondroitin Sulfate	Excluded	150 mg
L-Ascorbic Acid	Excluded	80mg
Sodium Selenite	Excluded	5.50 mg
Sodium Hyaluronate	Excluded	20 mg
Hydrolysed Collagen from Fish	Excluded	10 mg
Inulin	Excluded	22.50 mg

Benefits of the change explained

Enhanced Calcium Content:

The new version contains double the amount of calcium, which significantly supports stronger bones and teeth, providing better prevention against osteoporosis and other bone-related issues.

Inclusion of Chondroitin:

Chondroitin is known for its ability to support cartilage regeneration and reduce joint pain, making the new formula more effective in managing and improving joint health.

Increased Vitamin C:

With a higher amount of Vitamin C, the new formula enhances collagen production and provides stronger antioxidant protection, which is crucial for the maintenance of connective tissues and overall joint health.

Addition of Hyaluronic Acid and Hydrolysed Fish Collagen:

These ingredients are vital for joint lubrication and cartilage health. Hyaluronic acid helps retain moisture in the joints, reducing friction and pain, while Hydrolysed Fish Collagen supports the structure and integrity of cartilage.